

## Join Us In Prayer!

Our hope with this outline for prayer is to focus on one action each day of the week, providing a topic for focus and a scripture reference for guidance and meditation. Following God's plan requires action, whether we are in a time of movement or a time of waiting. Often prayer is the MOST powerful thing we can do. Seriously. We are talking to and being actively changed by the LIVING GOD!

We want to cover the coming weeks in prayer, and help our congregation prepare their hearts for what is to come. Listed below are the actions for each day of the week, and the intention behind each. Please feel free to incorporate these into your daily prayer time as works best for you. That might mean praying as you journal. Meditate on scripture throughout your day. Pray during your personal time with God and/or throughout your day. Pray with intention focusing on each action and topic, and allow Holy Spirit to speak through the scripture. Let's join together in prayer for the next three weeks to prepare our hearts for the work God has for us!

"Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my rock and my redeemer." Ps 19:14 (ESV)

**Seek (Sun):** First and foremost, we must seek God's direction. When I say Seek I mean really sit down and ask God for what *He* has for us in the coming weeks, and *boldly* ask Him to show us what that looks like as individuals and as a church.

**Praise (Mon):** Praise is the time we spend admiring the qualities and person of God. His glory, power, grace, love, patience, goodness, holiness, justice, mercy... We dwell on these characteristics until our hearts overflow with joy at the thought of who He is!

**Petition (Tues):** A petition or intercession is a specific request for another person. These days provide specific direction and change for the good of others.

**Give Thanks (Wed):** Thank God for his love and the provisions He has given in our lives.

**Ask (Thurs):** God wants us to ask Him for what we need. These days provide specific direction and change for the good of our personal needs and those closest to us. Remember that confessing our own shortcomings and forgiving others are vitally important to a healthy spiritual life and can be done on this day.

**Reflect (Fri):** Friday is a day of remembrance and reflection. A day to remember and hold fast to the past victories our Lord has won, and be encouraged that He will continue to win great victories in days to come.

**Rest (Sat):** A day of rest was modeled by our Creator Himself! Spending time each Saturday resting in the Lord and his gifts allows us to assess the last week, and gives our heart a needed time to rejuvenate before the week ahead.

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DATE	1/9/2022	1/10/2022	1/11/2022	1/12/2022	1/13/2022	1/14/2022	1/15/2022
	<u>SEEK</u>	<u>PRAISE</u>	<u>PETITION</u>	<u>THANKS</u>	<u>ASK</u>	<u>REFLECT</u>	<u>REST</u>
Daily Focus	Wisdom	Faithfulness and His Promises	Church unity	For creating & personally interacting with us	Personal needs/family needs	Victory at Jericho	Peace
Scripture	<i>Rom 12:2</i>	<i>2 Tim 2:11-13</i>	<i>John 17:20-21</i>	<i>John 1:3, 14</i>	<i>Matt 7:7-8</i>	<i>Ps 143:5</i>	<i>John 14:27</i>
DATE	1/16/2022	1/17/2022	1/18/2022	1/19/2022	1/20/2022	1/21/2022	1/22/2022
	<u>SEEK</u>	<u>PRAISE</u>	<u>PETITION</u>	<u>THANKS</u>	<u>ASK</u>	<u>REFLECT</u>	<u>REST</u>
Daily Focus	Thy Kingdom Come	Glory and Power	Our country	For loving & providing for us	Needs of friends and coworkers	Victory for Esther	Comfort
Scripture	<i>Matt 6:10</i>	<i>Psalms 63:2-3</i>	<i>Micah 6:8</i>	<i>Ps 68:9-10</i>	<i>James 5:13-16</i>	<i>Ps 145:4-5</i>	<i>Matt 11:30</i>
DATE	1/23/2022	1/24/2022	1/25/2022	1/26/2022	1/27/2022	1/28/2022	1/29/2022
	<u>SEEK</u>	<u>PRAISE</u>	<u>PETITION</u>	<u>THANKS</u>	<u>ASK</u>	<u>REFLECT</u>	<u>REST</u>
Daily Focus	Power to rule and reign	Humility	Our World- that we can bring light to darkness	For making a way through Jesus	Community needs- open our eyes to our neighbors	Victory at Easter	Renewal
Scripture	<i>Lk 10:19-20</i>	<i>Phil 2:3-8</i>	<i>Acts 1:8</i>	<i>John 3:16</i>	<i>James 1:27</i>	<i>John 1:5</i>	<i>Rev 21:4-6</i>

**SCRIPTURES**

Date	Reference	Scripture (English Standard Version)
1/9	Rom 12:2	<sup>12</sup> Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.
1/10	2 Tim 2:11-13	<sup>11</sup> The saying is trustworthy, for: If we have died with him, we will also live with him; <sup>12</sup> if we endure, we will also reign with him; if we deny him, he also will deny us; <sup>13</sup> if we are faithless, he remains faithful—for he cannot deny himself.
1/11	John 17:20-21	<sup>20</sup> “I do not ask for these only, but also for those who will believe in me through their word, <sup>21</sup> that they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me.
1/12	John 1:3, 14	<sup>3</sup> All things were made through him, and without him was not any thing made that was made. <sup>14</sup> And the Word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son <sup>[a]</sup> from the Father, full of grace and truth.
1/13	Matt 7:7-8	<sup>7</sup> “Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. <sup>8</sup> For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened.
1/14	Psalms 143:5	<sup>5</sup> I remember the days of old; I meditate on all that you have done; I ponder the work of your hands.
1/15	John 14:27	<sup>27</sup> Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.
1/16	Matt 6:10	<sup>10</sup> Your kingdom come, your will be done, on earth as it is in heaven.
1/17	Psalms 63:2-3	<sup>2</sup> So I have looked upon you in the sanctuary, beholding your power and glory. <sup>3</sup> Because your steadfast love is better than life, my lips will praise you.
1/18	Micah 6:8	<sup>8</sup> He has told you, O man, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God?
1/19	Psalms 68:9-10	<sup>9</sup> Rain in abundance, O God, you shed abroad; you restored your inheritance as it languished; <sup>10</sup> your flock found a dwelling in it; in your goodness, O God, you provided for the needy.
1/20	James 5:13-16	<sup>13</sup> Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing praise. <sup>14</sup> Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. <sup>15</sup> And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. <sup>16</sup> Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working. <sup>[a]</sup>
1/21	Psalms 145:4-5	<sup>4</sup> One generation shall commend your works to another, and shall declare your mighty acts. <sup>5</sup> On the glorious splendor of your majesty, and on your wondrous works, I will meditate.
1/22	Matt 11:30	<sup>30</sup> For my yoke is easy, and my burden is light.
1/23	Lk 10:19-20	<sup>19</sup> Behold, I have given you authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing shall hurt you. <sup>20</sup> Nevertheless, do not rejoice in this, that the spirits are subject to you, but rejoice that your names are written in heaven.”
1/24	Phil 2:3-8	<sup>3</sup> Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. <sup>4</sup> Let each of you look not only to his own interests, but also to the interests of others. <sup>5</sup> Have this mind among yourselves, which is yours in Christ Jesus, <sup>6</sup> who, though he was in the form of God, did not count equality with God a thing to be grasped, <sup>7</sup> but emptied himself, by taking the form of a servant, being born in the likeness of men. <sup>8</sup> And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross.
1/25	Acts 1:8	<sup>8</sup> But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.
1/26	John 3:16	<sup>16</sup> For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.
1/27	James 1:27	<sup>27</sup> Religion that is pure and undefiled before God the Father is this: to visit orphans and widows in their affliction, and to keep oneself unstained from the world.
1/28	John 1:5	<sup>5</sup> The light shines in the darkness, and the darkness has not overcome it.
1/29	Rev 21:4-6	<sup>4</sup> He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.” <sup>5</sup> And he who was seated on the throne said, “Behold, I am making all things new.” Also he said, “Write this down, for these words are trustworthy and true.” <sup>6</sup> And he said to me, “It is done! I am the Alpha and the Omega, the beginning and the end. To the thirsty I will give from the spring of the water of life without payment.